The 38th Annual Georgette Shatford Memorial Lecture Series 5 free webinars

How to Survive and Thrive

when mental illness affects you and your family

Click on the webinar title for more info and to register.

Sep. 27th, 7-8:30

Overview of Bipolar Disorder

with Timothy Pylko, M.D

Oct. 4th, 7-9 PM

Anxiety and Depression with Michael DiPaolo, Ph.D.

Oct. 11th, 7-9 PM Long Term Drug Delivery & Advances in Medication Adherence in Schizophrenia with Steven Siegel, M.D., Ph.D

Oct. 18th, 7-9 PM <u>Does DBT Even Work? The intersection of Eating Disorders and Borderline</u> <u>Personality Disorder treatment and interventions</u> with Danielle Gonzales, PsyD, NRHSP, and Foujan Kafri, PsyD

Oct. 25th, 7-9 PM Building Healthy Relationships, Michael Di Paolo, Ph.D.

Pacific Clinics NAMI San Gabriel Valley